KIDS Annual General Meeting Tuesday November 20, 2018 Kamloops Curling Club

25 members in attendance + 1 guest

Meeting called to order at 6:37 p.m.

- 1. Reggie called meeting to order and introduced the executive, coaches and festival co-ordinator
- 2. Acceptance of agenda
 - no additions

M/S/C to accept the agenda

3. 2017 Minutes

M/S/C to accept the minutes from the 2017 AGM

4. Reports from 2018 executive

Secretary (Trudy Goold)

- still occasional junk mail issues with google group
- will send out email to KIDS group with address so everyone knows what to use
- next year we will modify registration forms so members can give us permission to share email address and cell phone numbers with other members

Festivals (Bonni Smith)

- Awesome year!
- Motion to approve spending up to \$1000 to replace broken tents, foldable tables and purchase a cart and canopy weights – M/S/C

Treasurer (Nancy Eld)

- see attached report
- good financial position
- fiscal year ends December 31 so this is interim report as of November 20
- final report and 2019 proposed budget will be available at spring meeting
- MSC to receive treasurer's report

President (Reggie Black)

- see attached report
- Motion to accept report M/S/C

Vice-president (Phil Maher)

- see attached report
- we should start planning on attending the ice dragon boat racing in Ottawa or Winnipeg in 2020

Coaches (Christine/Jen)

- dry land training is great. encourage all members to take it
- need to grow numbers or limit practices to 2X/week
- need to set focus sprints or long distance
- see attached report from Jen

Past-president (Don Erickson)

- incentive for members who bring in new members
- need more members in 2019 try to get 60!

5. Festivals 2019

discussion regarding potential festivals in 2019

Penticton sprints

- June 14 (and maybe 15)
- should we just do 55+ event or stay for both days

Harrison

• July 27

Kamloops

August 10

Steveston

• 1-day festival August 24

55+ Games - Kelowna

- September 12/13
- will look at booking accommodations soon maybe at the Grand condos

Discussion about planning for Nanaimo in early July - maybe 2020

6. Winter activities

Santa Claus parade

- Saturday November 24
- spirit warriors and extreme will be joining us

Snowshoe/hiking/X-C skiing

- will try to set up an evening outing
- bonfire
- skating
- all members have access to KIDS google group to invite other members out

Dryland training

- going well
- another session to start in January need 10 to 12 people
- if enough interest, could set up another class

7. 2019 dues and refund policy

Dues for 2019 will be the same as 2018 \$200 with early bird prior to first practise of \$180 No refunds after June 1

Discussion about cutting off registration at end of May

Discussion about punch cards for out-of-town guests

8. Recruitment of new members

All members should try to bring one new person out next year – do we need an incentive More advertising – The Connector, Echo, Y Bulletin boards

Get the media to come out and paddle

Bring a friend night

Learn to dragon boat Saturday afternoon

9. Social Media & Communications

need to develop new web page

Motion to spend up to \$2000 from reserves for development of new webpage

M/S/C

Guy Waddington might be a good contact

Wendy C. will help Christine

10. Don Erickson

Needs shuttle drivers for BC Winter Games in late February Contact Don if you can help out

11. Election of Officers for 2019

President – Sean Lane (by acclamation)

Vice President – Phil Maher (by acclamation)

Secretary - Trudy Goold (by acclamation)

Treasurer – Nancy Eld (by acclamation)

Past-President – Reggie Black

Non-elected positions

Festivals – Jacquie Durban-Loiselle & Maureen Carr

Festival Equipment Manager – Lee Humprey

Website – Christine Banford & Wendy Cummer

Social – Val Anderson and Lynette Skakun

Meeting adjourned at 8:25 p.m.

Treasurer's report

KAMLOOPS INTERIOR DRAGONS (KIDS)

| 2018 | Nov 20, 2018 Actual | 2018 BUDGET | Dec 31/17 Actual | 2017 BUDGET | Dec 31/16 Actual | |
|--|------------------------|----------------|---------------------|----------------|---------------------|-------------|
| | | | | | | 2016 BUDGET |
| # of members - Early bird rate \$ 180.00 | | 35 | 38 | 35 | 36 | 22 |
| # of members - regular rate \$ 200.00 | | 10 | 8 | 10 | 6 | 18 |
| | | 45 | | 45 | | 40 |
| REVENUE | | | | | | |
| Memberships | 7,880.00 | 8,300.00 | 8,100.00 | 8,300.00 | 7,680.00 | 7,560.00 |
| Festival fees recovered | 6,040.00 | | 3,750.00 | | 6,520.00 | 1,000.00 |
| Shirts | | | 460.00 | | | |
| Sponsorships | 1,750.00 | | 733.54 | | 2,000.00 | 1,000.00 |
| Fund raising activities | _ | | 29.89 | | 937.62 | 750.00 |
| | 15,670.00 | 8,300.00 | 13,073.43 | 8,300.00 | 17,137.62 | 10,310.00 |
| EXPENSES | | | | | | |
| Accounting & legal | 0.00 | 200.00 | 370.98 | | | 0.00 |
| Advertising & promotion (website) | 566.00 | 750.00 | 740.75 | 500.00 | 73.66 | 500.00 |
| Bank charges | 29.76 | 150.00 | 37.92 | 300.00 | 222.49 | 100.00 |
| Boat rental | 3,000.00 | 3,500.00 | 3,000.00 | 2,500.00 | 2,500.00 | 2,500.00 |
| Festival deposits | 6,626.50 | 500.00 | 3,507.25 | 1,000.00 | 6,563.50 | 1,000.00 |
| Honorariums & travel subsidies | 745.33 | 1,500.00 | 610.91 | 1,500.00 | 740.76 | 1,500.00 |
| Insurance | 150.00 | 200.00 | 150.00 | 300.00 | 200.00 | 500.00 |
| Office & admin | 15.62 | 250.00 | 139.51 | 250.00 | 166.46 | 250.00 |
| Memberships | 0.00 | 100.00 | 56.50 | 100.00 | 91.50 | |
| Paddles | (9.00) | | | | | |
| Shirts \$60 | 291.94 | 600.00 | | | 3,517.68 | 2,400.00 |
| Hats | (114.40) | | | | | |
| Jackets | 230.01 | | | | | |
| Dryland Training | 378.00 | | | | | |
| Supplies & equipment | 50.00 | 250.00 | 0.00 | 500.00 | 571.04 | 500.00 |
| | 11,959.76 | 8,000.00 | 8,613.82 | 6,950.00 | 14,647.09 | 9,250.00 |
| OPERATING SURPLUS (DEFICIENCY) | 3,710.24 | 300.00 | 4,459.61 | 1,350.00 | 2,490.53 | 1,060.00 |
| OPENING SURPLUS | 6,950.14 | 2,490.53 | 2,490.53 | 2,490.53 | 0.00 | 0.00 |
| ENDING SURPLUS | 10,660.38 | 2,790.53 | 6,950.14 | 3,840.53 | 2,490.53 | 1,060.00 |

PROOF 10,910.38 (250.00)

2018 Financials.xlsx 22-01-2019

Presidents Report

November 22, 2018

This was our 3rd year of Kamloops Interior Dragons.

The year started with the annual spring meeting on March 14 following by our first paddle on April 10. We were pleased to see new paddlers at the start confirming our recruitment through friends, media and advertising continues to work.

We gained more exposure through the 2018 season by committing the club to a few community events:

- Christine organizing the group of KIDs to volunteering with serving the less fortunate at the PIT STOP.
- Hosting a table with our dragon head at the Boogie the Bridge Expo for more exposure to paddling.
- Nancy, Trudy and I represented the KIDS at the 28th Annual Kamloops Sports Hall of Fame
- July 1st was the first time displaying the Dragon Boat with the head and tail during Canada Day celebrations at Riverside Park.

We continued on this year with team building and our amazing coaches drilling into us timing and technique. Thank you Bonni for going above and beyond with festival coordinating, making sure everyone was taken care of through transportation and rooms and also taking us on a hike to replace a paddle session when the river was closed. Thank you to the other members who put on hikes, paddles and bike rides.

The festivals that we attended were very well run with Kamloops by far being the best, but having said that a lot of memories were made from the 55+ Games that were held at Wasa Lake. No one will forget the karaoke and table dancing that accompanied it.

The season of paddling ended for the KIDS September 10 but through dryland training and the up in coming Santa Claus parade we will keep recruiting for 2019.

I would like to take this opportunity to tell the coaches my gratitude and appreciation for their time they dedicated to work with the KIDS, making us better paddlers and athletes. The members who filled the boat(s) week after week and lastly I would like to say thank you to the Executive team who committed their time to make this a successful 2018.

Reggie

Report of Phil Maher, Vice President, given at the KIDS AGM held on November 20, 2018

I would like to make just a few comments.

First I would like to thank the club for its support during the Kamloops festival. Without your help we could not host the festival. The festival was very successful. Fortunately cancelling the festival last year due to the smoke conditions did not seem to hurt the attendance this year.

As far as our club is concerned, I think that the KIDS had a good year.

I thought that the 3 coaches did a very good job. It was effective to have coaches with different instruction styles who incorporated different practice exercises. This made it more interesting and certainly helped improve our skill level.

I think that growing our membership is still our number one priority. We have discussed this many times in the past. We did have some very good people join the club this year. Reggie has done a great job of finding new ways to promote the club, such as having the display at Riverside Park on Canada Day and putting an entry in the Christmas Parade. She also has organized a winter dry land program.

However we need to do more.

I think it would help if we could get a few more people involved in managing club affairs. We should have a social coordinator. This role could be filled by more than one person. Events held during the season like Happy Hour after practices and kayaking would help grow club spirit and give new paddlers the opportunity socialize with the veterans. Social events like snowshoeing and pub nights over the course of the winter would help maintain club camaraderie and perhaps help attract new members.

We also should have what I will call a festival equipment manager. This person would be responsible for organizing club equipment prior to a festival and arranging transportation. The actual transportation could be done by others.

I was advised today by the Kamloops Sports Council that dragon boating will be added as a participatory sport at the Kamloops Canada 55 + Games that will be held the week of August 25, 2020. Participatory is the C 55 + Games term for a demonstration sport. The Sports Council will manage all aspects of the games, including the festival portion. The Council will be looking to us for support and advice.

This is a significant accomplishment.

The first dragon boat festival held in Kamloops was organized in conjunction with the BC 55 + Games. This has continued as the current Kamloops Dragon Boat Festival.

Now dragon boating for the first time will be added as a participatory sport at the C 55+ Games as part of the Kamloops C 55+ Games. This is just further evidence of the contribution we senior paddlers have made to the sport of dragon boating in Kamloops. This should add incentive to our club to continue to grow and improve.

Lastly I would like to thank the rest of the executive for all the work they have done for the club this year.

Reggie provided strong leadership, particularly with her concepts for promotion.

Trudy did a great job keeping both the executive and membership very well informed. This required a lot of time and effort, starting with continually updating Google groups.

As far as I can tell Nancy did a great job. I haven't seen any evidence that she cooked the books.

And last but not least Bonni our festival coordinator did a great job. She made sure that everyone had the necessary information, accommodation and transportation for all our festivals. The only thing she left out was bed checks.

As I mentioned earlier I hope we can organize some social events over the course of the winter. The Santa Claus parade this weekend is a great start.

Phil Maher

Vice President

Nov 20/18

JENNIFER WOLNEY - ASSISTANT COACH REPORT

KIDS AGM - NOVEMBER 20, 2018

Hello Everyone!

I am unable to attend the meeting due to another commitment, so Trudy has kindly agreed to read out my report for me. It is as follows:

I think we had a good season with a few new members joining, most former members returning and the club continuing the past practice of attending five festivals. In the future, I encourage paddlers to take part in at least one of the festivals. I also encourage members to paddle with a different team either as a drop-in during practice and/ or competing in a festival. I believe this helps to make a person a better paddler, as you meet new people, challenge yourself and experience different drills, starts and race pieces that you may want to suggest to our club.

We again had challenges with the weather – high water, smoke, a chilly April and a hot spell in August. My notes indicate we missed 3 practices due to high water and 4 practices due to smoke. I suggest the club try to replace the missed practices with some type of activity, such as last season's May 29th Sunset Trail walk.

A quick glance of the sign-up sheets I have (which are most) averages about 20 paddlers per practice. I suggest that the executive and coaches encourage all paddlers to practise on a regular basis. I also suggest that the executive and coaches encourage individuals who are paddling in a festival to come to at least three consecutive practices prior to race day.

For the 2018 season I chose to focus on what I see as three essential components of the dragon boat stroke – timing, legs and core. My weekly lessons were developed to introduce, improve and maintain those elements. In the future, I suggest that all paddlers engage in off season activities that include flexibility, strength and aerobic fitness.

From my perspective, our overall festival results were similar to last year. I was disappointed at our 55+ Games placings and I mentioned at Wasa Lake some of the factors that I believe contributed to us not finishing in the top 3. However, my sense is that we had a very enjoyable time, especially the Thursday night feast and entertainment!!

The executive, Christine and I met on October 10th to discus the 2018 season and planning for next year. I understand some of the topics discussed that evening have been or will be presented tonight.

At the 55+ Games I told Paul and Christine that I would not be continuing on as a weekly coach. I notified the executive about this decision near the end of September. I gave this much thought throughout the paddling season and some of my reasons are:

I am involved in two water sports and more during the summer and that keeps me very busy

Coaching replaced one night per week of potential dragon boat practice, the end result being I did very little dragon boat paddling this year

I was a teacher for most of my professional life and in my retirement I am not keen on researching, developing and preparing lessons on a weekly basis

I am willing and would enjoy being a substitute coach. At the October 10th meeting I talked about running a few "Back To The Basics" sessions for newer paddlers and hopefully some experienced paddlers as well.

Coaching was a great experience for me – I got to know individual paddlers better, was involved in the bigger picture of dragon boating and learned specifics of the stroke, which I think has the potential to improve my future paddling.

I also appreciate all the suggestions, words of encouragement and positive feedback I received from many of you.

Last but not least, thanks to everyone for all your hard work, dedication and good cheer throughout the season. It is wonderful to see so many 55 Plusers unflinchingly paddle in the rain or wind or heat while often dodging speed boats and/or jet skis and/or unsolicited advice givers!

If you have any comments or questions about this report, please let me know. Hopefully my other meeting will finish early and I can join you.