

KIDS Annual General Meeting
Thursday January 16, 2020
Kamloops Sports Council

21 members in attendance + 1 guest

Meeting called to order at 6:44 p.m. – Nancy Eld in the Chair as requested by Sean lane

1. Nancy called meeting to order and introduced the executive, coaches and festival co-ordinator
2. Acceptance of agenda
 - no additionsM/S/C to accept the agenda
3. 2018 Minutes
M/S/C to accept the minutes from the 2018 AGM
4. Reports from 2019 executive
President – Sean Lane
 - year started off scrambling to find new coaches. Thanks to Jen and the rest who stepped up
 - Thanks to others who stepped up for warm-ups and financesVice president – Phil Maher
 - see attached report
 - a good year thanks to the hard work from a variety of coaches
 - Kamloops Festival – big thank you to Wes and Earl for boat delivery & return
 - great news – festival is purchasing a new trailerTreasurer (Nancy Eld)
 - see attached report
 - made \$780 this year
 - new members helped the finances
 - coaches accommodations and festival fees & gifts
 - discussion around cost of dryland training – should club be subsidizing this. Proposal to increase costs so members attending are paying for their own training
 - almost broke even on festival fees
 - not sure about boat rental costs for 2020Coaches – Jen, Tammy & Linda
 - see attached report
5. Festivals 2020
 - no decisions yet – will be discussed at spring meeting
 - Canada 55+ Games in Kamloops in August
 - 2021 World Masters Games in Japan
 - 55+ Games – Richmond (September)
6. Winter activities
 - Snowshoe/cross country ski at Stake Lake and Barnhartvale
 - Friday morning walks up the Xget'tem trail

- Movie nights
- Thanks to all the organizers

7. 2020 dues

- to be announced at the Spring meeting
- will probably be starting week of April 16

8. Recruitment of new members

- Need Men!
- Jen will do up posters

9. Survey results

- results are attached
- reported by Jen
- Thanks to the committee!

10. Volunteer opportunities

Forms were distributed to members so they could indicate where they want to volunteer with the club will also be distributed at spring meeting

Public relations – Jen, Valerie

11. Don Erickson

Don discussed the possibility of having an umbrella organization that would oversee the boats & compound. There would still be 3 separate clubs but each club would have 3 members on the umbrella council.

Don is willing to pursue this

New board will discuss this and should get a mandate from the members to proceed with this

12. Election of Officers for 2020

President – Nancy Eld (by acclamation)

Vice President – Phil Maher (by acclamation)

Secretary -no nominations received

Treasurer – Nancy Bailie (by acclamation)

Past-President – Sean Lane

Non-elected positions

Festivals –Maureen Carr & Judith Chamberlin

Festival Equipment Manager –

Gear Maintenance – Sean Lane

Website/Facebook –Wendy Cumber

Social –Lynette Skakun & Trudy Goold

13. Door Prize winners

Phil Maher – wash bag

Nancy Eld – Atmosphere GC

Wes Ramage – Tim Horton's GC

Tammy – Stag's Head GC

Bonni Smith – wash bag

Meeting adjourned at 8:16 p.m.

Approved

Vice President's Report presented at the AGM held on January 16, 2020

I think we had a very good year.

The coaches worked very hard. A number of people came forward to assist the coaches. This led to a variety of styles and practice exercises which made it more interesting for the paddlers. The mentoring program worked well.

There was some growth in membership. The new paddlers brought an injection of enthusiasm to the club.

We had a number of social activities, including walking, kayaking and snowshoeing. Thanks to the individuals who organized these events.

The club was well organized for the festivals, thanks to our festival coordinators. The team achieved good results, considering that this was a rebuilding year.

The club has made an application to the Heritage Foundation for a shed and large canopy. We have not received a response. Hopefully our application will be successful as these assets would be very useful.

The Kamloops festival went well. We again were lucky with the weather. Although there was no corporate division this year the number of regular teams attending increased from last year. The organizing committee would like to thank the club members for assisting as volunteers. In particular we would like to thank Wes and Earl, who spent many hours driving to haul boats to Kamloops. We have received a Heritage Foundation grant of \$ 27 k to purchase a new 4 boat trailer. With our new trailer we can avoid the very onerous task of getting a 2nd flight of boats to Kamloops.

Kamloops will host 2 festivals this summer. The regular festival will be on Saturday August 8th. The Canada 55 + Games festival will be on Thursday August 27 and Friday August 28.

This coming summer one of our main objectives should be to continue to try to increase membership, particular men.

Respectfully submitted

Phil Maher

2019 AGM Coaches' REPORTS

Wendy Cummer

I really enjoyed the opportunity to sit in the front of the boat, and suggest everyone try it
Thank you to Jen and Linda for your "coaching coaching" and to the whole team for your kind words

I learned so much about dragon boating from observing the whole picture, and want to go further with coaching

Unfortunately, that plan has to go on pause for a bit. My job has been changed, and I will only be able to make 4 practices a month. I am heart broken and looking at various options

I am hoping the team will allow me to still participate. I will obviously not be fit enough to race, but would like to attend festivals and help with all the little details that need to be attended to, freeing up the coaches to concentrate on the coaching

This team entered my life at a time when I really needed it, and it has been a huge support for me. Paddles Up

Kathy Grieve

I've been reluctant to do a coaching report because I don't think what I did was really coaching. I gave a few hints that I'd learned from my coaches and workshops I've attended. I think the club would really benefit from one coach with a little backup if she's not available. I'd be happy to work with and encourage new paddlers.

Tammy Farrer

I think that last year went very well. I enjoyed getting to know the team early and finishing up with them in such a positive way at the B.C. games. I think it worked very well having a slower more powerful rate and a consistent finish. This was evident in our exciting finish at Steveston, where we stuck with our system and came up golden.

I enjoy working with the other coaches and hope to see great success in the coming year. Our mentoring system is awesome and allows our new paddlers to feel included from the first day and allows the paddlers to be an integral part of the coaching team. Our team approach to getting better all the time is a fun system to work in.

Linda Kupp

This was my first year of coaching dragon boating, which is a somewhat (LOT!) different sport compared to badminton or swimming or volleyball. I designed testing stations and facilitated start-of-season physical fitness assessment for 7 paddlers and mid-season assessment for 9 paddlers. I spent several hours staring at Doodle polls and assigning seats in boats, more hours planning warm-ups and practices, then lead warm-ups on land and coached and co-coached 11 practices. Paddlers were asked many quiz questions and responded with correct and creative answers. Any guesses as to the number of kilometers we travelled in the boats during 2019?

It was good to see improvements from April to September in paddlers' stroke technique and endurance. Compared to last year, we had more time-on-the-water with about 60 practices (only one was cancelled due to bad weather), and we enjoyed breathing clean air the entire season.

Thanks to paddlers in the boat on which I was the 'hood ornament' for lots of "Power now!" paddling during

thunder and lightning on Tue Sep 3/ 19. You out-paddled the approaching storm, made it back safely to the boat launch and the compound before the black clouds dumped their load of rain. That's one way of avoiding a final exam!

And many thanks to Phil M., Ray P., Wes R. and others who steered our boats upstream, downstream, and across the river; and navigated waves, currents, sand bars, rocks, and other obstacles. Without them we would have been stranded on dry land.

Sean Lane

I think we had an excellent year. We started out behind the eight ball, but pulled through admirably. The year ended with some good results, but most importantly, a good team feeling. The idea of having an assigned person to each newcomer seemed to work really well. The learning curve for the coaches was pretty steep at the beginning of the year but things settled down to a steady pace (with the odd hiccup) by the end of the year. Given the wide range of experience in the boat as well as the wide range of ages and physical capabilities.... coaching is difficult. I tend to be more of a 'just paddle' kind of a coach, relying on the mentors to correct errors. All in all, Jen, I think you are to be commended on the year

Jennifer Wolney

Hello Kiddies!

As I mentioned at one of our practices last season, 2019 was a year of transition. A few examples of changes – coaches, steers, race strategy, doodle poll, seat assignments, mentoring, festival readiness, festival preparation, activities on and off the water, activities during the non-paddling season. The feedback I have received personally and the November 2019 Survey results indicate that we are on the right track.

2020 will see some tweaking and a few changes too, which includes handing over the head coaching position to Tammy. I anticipate that we will have another great year !

Thanks to everyone who responded to the survey, who volunteered their time (the KIDS would cease to exist without you), who came to practices and festivals prepared to work hard, who were open to change, who encouraged others and most importantly, who helped make a club that we are proud to belong to.

Last but not least, see you at the ye olde compound!!

Approved

January 16, 2020 Festival Coordinator Report

For the Paddling Year of 2019

The 2019 KIDS dragon boat season was my first year as Festival Coordinator. I had lots of back-up with Wendy's help, Bonnie's mentoring, and just asking team members what they wanted. We were blessed with a good weather season with no down time for spring flooding or forest fires. Good festival readiness was attained through well-planned coaching and this made for good competition in festivals. Perhaps this year I will have a partner to share the festival planning and bookings.

* We competed at Salmon Arm ~~by~~ which is a good "first" festival for new members. Afterwards, most of us went to Bonnie's summer property on the lake for a great BBQ.

* Harrison followed in July where the majority shared a heritage house for the evening and we hosted a team BBQ and pot luck dinner.

* Kamloops, in early August, had our best paddling numbers and it was a great day with many hands sharing the boat moving responsibilities. Ribfest afterwards is a good reason to not cook that night.

* Steveston was two weeks later and was a really well-enjoyed festival by our team. Two restaurant dinners were arranged for the team and it was all very close proximity and walkable.

* 55+ Games in Kelowna was our last competition and really an exciting day with the wind coming up and just fierce competition. It was a good couple of days, again with two team dinners arranged and well-attended.

Personally, I find that I don't care to venture too far in the summer because I enjoy what Kamloops and area has to offer. I guess I consider these festival locations like mini-breaks with a bit of travel thrown in. Next year, give the festivals some consideration, mark your calendars and prepare to enjoy the teamwork on the water!

For 2020, the options will be Shuswap (Salmon Arm) in June, Okanagan Super-Sprints June 12 + 13 on Skaha Lake, Kamloops and Steveston in August and the 55+ Games Sept 16-18 in Steveston. Also, just to complicate things, the Canadian 55+ Games will be held in Kamloops in ~~September~~. So, we can discuss these venue and vote on which five festivals we will attend this year, at our next meeting

Respectfully,

Maureen Carr



Aug 27/28